

Pine Grove Health and Country Club



Starts February 13th

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM		CYCLE JOHN		GROUP RIDE™ RICHELLE		GROUP RIDE™ PAT	
8:00 AM	GROUP RIDE™ PAT						GROUP RIDE™ CHRISTINE
8:30 AM			GROUP RIDE™ PAT				
9:15 AM		GROUP RIDE™ LIZ		GROUP RIDE™ PAM	GROUP RIDE™ LIZ	GROUP RIDE™ PAM	CYCLE ELIZA/DEBBIE
6:00 PM		CYCLE JANICE	GROUP RIDE™ CHRISTINE	CYCLE JANICE			