

# Junior Tennis Programs

## About the Staff\_\_\_\_\_

### Director of Tennis *Thinus Verdoes*

*Thinus is a U.S.P.T.A certified teaching professional. As a native of South Africa, Thinus brings an international breadth of knowledge and more than 25 years of tennis experience to Pine Grove.*

#### Career Highlights:

- *USPTA High School Coach of the Year 2000 Western Division.*
- *Ranked 4th in the nation in NCAA Div. II competition for 1992.*
- *Ranked among the best 50 Male Tennis Players in South Africa 1989.*
- *Rolex Reginal Champion, October 1991.*
- *Represented Edinboro University at the National Championships of May 1992.*
- *Represented South Africa at the South African Airways Junior International Championships of 1986.*
- *Quarterfinalist at the South African Junior National Championships of 1986.*
- *Head Boys and Girls High School Coach at CBA 1997-2000. Coached girls to 4 consecutive Sectional Championships.*

## From Thinus\_\_\_\_\_

*Having pursued a tennis career on the Satalite and Challenger Circuits in South Africa, Europe, and the U.S. and competing against players ranked as high as 58th in the world will have an important influence on our teaching methodology. It is the intention of the program to foster a love of the game through fun and progressive instruction. The objective is to familiarize students with every facet of the sport at each level of play. Whether a student aspires to play at a professional level or just to reach their personal best, this program aims to meet those individual needs. Tennis is a sport for everyone and our primary purpose will be to keep the students enthused about a game that will last a lifetime.*

## Jr. Development Program

3 Ten Week Sessions

Session 1:	Oct. 17 - Jan. 14*
Session 2:	Jan. 16 - April 1**
Session 3:	April 3 - June 17***

Make-Up week: June 19 - 24

\*No classes Nov. 20-26, Dec. 26-Jan. 8

\*\*No classes Feb. 19-25

\*\*\*No classes April 9-15

### Munchkins (ages 4-6)\_\_\_\_\_

**\$135 per session**

Wednesday:	3:30-3:30 p.m.
Saturday:	10:00-11:00 p.m.

### Future Stars (ages 6-9)\_\_\_\_\_

**\$135 per session**

Monday:	4:00-5:00 p.m.
Wednesday:	4:00-5:00 p.m.
Friday:	5:30-6:30 p.m.
Saturday:	11:00 a.m.-Noon

### Hot Shots (ages 10-14)\_\_\_\_\_

**\$195 per session**

Monday:	5:00-6:30 p.m.
Tuesday:	4:00-5:30 p.m.
Thursday:	5:30-7:00 p.m.
Saturday:	12:00-1:00 p.m.*

\* 1 hour class on Saturday. Cost is \$135.

### Tournament Training (JV & Varsity)\_\_\_\_\_

**\$255 per session (1.5 hr. classes \$195)**

Tuesday	5:30-7:00 p.m.
Wednesday	5:00-7:00 p.m.
Thursday	4:00-5:30 p.m.
Friday	3:30-5:30 p.m.
Saturday	1:00-2:30 p.m.

## Jr. Tennis Camps\_\_\_\_\_

### Holiday Camp

December 26 - 30

### Winter Break Camp

February 20 - 24

### Spring Break Camp

April 10 - 14

### Summer Program 2006

#### 10 Sessions

Session 1	June 26 - 29
Session 2	July 5 - 7
Session 3	July 10 - 13
Session 4	July 17 - 20
Session 5	July 24 - 27
Session 6	July 31- Aug. 3
Session 7	August 7 - 10
Session 8	August 14 - 17
Session 9	August 21 - 24
Session 10	August 28 - 31

## One on One Tennis\_\_\_\_\_

Have your own personal coach! A number of private on court instructional practice sessions per week with a Pro and Individually supervised strength and conditioning sessions in the Fitness Center. Proven training techniques designed by the worlds leading professional coaches and fitness trainers. Inquire with the Tennis Director for more information.

## Instruction\_\_\_\_\_

### Private Instruction

30 Min.	45 Min.	60 Min.
\$25	\$37	\$49

60 minute lesson w/Play Pass : \$39

### Semi-Private

(2 people)

30 Min.	45 Min.	60 Min.
\$12.50	\$20	\$25

(Price is Per Person)

## Junior Play Pass\_\_\_\_\_

Play all the tennis you want for a small monthly fee.  
No court time ever!

**\$49 per month**

## Jr. Match Play\_\_\_\_\_

Sundays: 1-3 pm

Cost: \$20

Open to players of all ability levels. There are two essential requirements to be eligible for this class. Players must be able to serve in order to put a point in play and players must also have reached a sufficient level of rallying (keeping the ball in play or hitting back and forth). Video recording and match analysis for intermediate and advanced players.

## Birthday Parties\_\_\_\_\_

Pine Grove can be rented for special occasions and parties. For Parties we provide: Prizes, Pizza, Beverages, and a Tennis Pro for \$14 per person. 8 person minimum.

## High School Team Practices\_\_\_\_\_

High School Coaches or Team Captains can schedule one and a half hour instructional practices with a Pro at a special rate of \$12

## Tournament Travel Team\_\_\_\_\_

Throughout the year the professional staff at Pine Grove will escort those players ready for competition to select tournaments in order to further player development and to establish rankings.